

TRIGGER TIMES

NEWSLETTER of COUNTRY POND FISH & GAME CLUB

December 2024

Newton, NH

Volume 24-12

ANNUAL MEETING

*Thursday
December 19th
PLEASE ATTEND*



Merry Christmas
and Happy Holidays!

Please remember that all outdoor ranges
are closed on December 25th

Additional information is available online at
www.cpfgc.com

CPFGC Contacts

Answering Machine (603) 382-5681

Downstairs Hall and Indoor Range (603) 382-0062

Executive Board and Board of Directors

President: Paul Gilberti	(603) 426-2025	president@cpfgc.com
Vice President: Sharon Theobald	(978) 457-3821	vicepres@cpfgc.com
Secretary: Jeanette Ligouri	(603) 489-9575	secretary@cpfgc.com
Treasurer: Chris Annantuonio	(508) 369-0473	treasurer@cpfgc.com
1. Rob Lucas	(603) 365-0624	director1@cpfgc.com
2. Tom Moran	(603) 819-9349	director2@cpfgc.com
3. Gerry Nowlan	(978) 971-1206	director3@cpfgc.com
4. Jim Lacefield	(978) 228-8551	director4@cpfgc.com
5. Jeff Gersbach	(603) 382-3312	director5@cpfgc.com

*The entire board can be contacted at once by emailing **bod@cpfgc.com***

Security Officer

Andy Deardorff..... (603) 382-3434 security@cpfgc.com

Chief Range Safety Officer

Jim Lacefield..... (978) 228-8551 rso@cpfgc.com

Additional Range Safety Officers are listed online at <http://cpfgc.com/contacts.html#ro>

Target Events and Ranges

Airgun Challenge: Tim Swisher	(603) 534-7433	airguns@cpfgc.com
Airgun Metal Silhouettes: Ralph Clatterbuck	(603) 642-6927	airguns@cpfgc.com
Archery: Richard Tuite	(603) 793-9003	archery@cpfgc.com
CMP: Daune Brown	(978) 317-2811	cmp@cpfgc.com
Pin Shoots: John Coyne	(603) 818-1946	pins@cpfgc.com
Pistol League, .22 Rimfire: Jim Rogers	(978) 912-4847	pistol-lgs@cpfgc.com
Pistole League, Centerfire: Jim Graczyk	(603) 362-4829	pistol-lgs@cpfgc.com
Steel Challenge: Scott Kuckler	(603) 490-6892	rogue-steel@cpfgc.com
Steel Plate Shoots, Centerfire: Tim Swisher	(603) 534-7433	plates@cpfgc.com
Steel Plate Shoots, Rimfire: Doug Fenelon	(603) 397-2441	plates@cpfgc.com
Steel Practice Plates: Jim Lacefield	(978) 228-8551	plates@cpfgc.com
Three-Gun Action Shooting: John Carr	3-gun@cpfgc.com
Trap: John Cannillo	(603) 479-7120	trap@cpfgc.com

Operations and Membership

Budget Committee: Chris Annantuonio	(508) 369-0473	budget@cpfgc.com
Club Merchandise: David Hyde	(603) 382-0179	merchandise@cpfgc.com
Facilities Manager: Gerry Nowlan	(978) 971-1206	facilities@cpfgc.com
Hall Rentals: Gerry Nowlan	(978) 971-1206	hallrental@cpfgc.com
Kitchen: Paul Gilberti	(603) 426-2025	kitchen@cpfgc.com
Land and Buildings: Sharon Theobald	(978) 457-3821	landandbuildings@cpfgc.com
Lost & Found: Rob Lucas	(603) 365-0624	ost@cpfgc.com
Membership: Sharon Theobald	(978) 457-3821	membership@cpfgc.com
Metals Recycling: Ron MacLeod	(603) 382-6671	metals@cpfgc.com
Newsletter: James Lacefield	(978) 914-3240	newsletter@cpfgc.com
NRA Recruiting: <i>VOLUNTEER NEEDED FOR THIS POSITION</i>	president@cpfgc.com
Work Parties—Monday: Ron MacLeod	(603) 382-6671	work@cpfgc.com
Work Parties—Saturday: Jim Nishina	(603) 793-0038	work@cpfgc.com
Webmaster: John Carr	admin@cpfgc.com

CPFGC Contacts

Website www.cpfgc.com

Club Events

- Chili Cookoff: Allan Carrier**..... (978) 430-3980 chili@cpfgc.com
- Chowderfest: Tom Cronin** (603) 560-2024 chowder@cpfgc.com
- Ice Fishing Derby: Jim Nishina**..... (603) 793-0038 icefish@cpfgc.com
- Open House: Sharon Theobald** (978) 457-3821 openhouse@cpfgc.com
- Spaghetti Dinners: Sharon Theobald** (978) 457-3821 spaghetti@cpfgc.com
- Turkey Shoot: VOLUNTEER NEEDED FOR THIS EVENT**..... president@cpfgc.com

Education and Training

- Firearms Instruction Programs: Paul Gilberti**..... (603) 426-2025 training@cpfgc.com
- Hunter Education: Paul Gilberti**..... (603) 426-2025 hunter-ed@cpfgc.com

Orders and Transfers

- Ammunition and Components: Jim Graczyk**..... (603) 362-4829 ammo-order@cpfgc.com
- Firearms Orders: Jeff Gersbach**.....(no phone orders)..... firearm-orders@cpfgc.com
- Transfers and Information: Samy Singh**..... (860) 834-1883 fl@cpfgc.com

Country Pond Amateur Radio Group (CPARG)

- Dan Goodwin**..... (603) 548-4287 radio@cpfgc.com

LAST CHANCE TO RENEW
YOUR MEMBERSHIP!

Renewals are due BEFORE
December 31st!

**VOLUNTEERS
NEEDED!**

CPFGC is a volunteer organization,
we rely on you for the events and
facilities you enjoy!

- Pistol Practice**..... 4-5
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Help your fellow shooters!
Send your tips and tricks to the TT

Pistol Practice with 50 Rounds

Ammunition is expensive and often difficult to find these days. However, it is necessary to train constantly with your everyday carry handgun so that you are prepared in the event of a defensive shooting. While I am not an expert, and I would strongly recommend seeking training from a professional, I have been complimented on my ability to shoot a handgun. I have compiled a course of fire that helped me to build confidence with my handgun over time, and which I still use to maintain that confidence. It covers the fundamentals of defensive shooting including accuracy, speed, and handling—and it only requires one box of ammunition.

All of these drills are intended to be fired at about 7 yards, or 21 feet, and should be attainable within an eight inch circle. Silhouette targets may be used, but the goal is to practice on a budget!



Stage 1: Cold Bill Drill—6 Rounds Total

It is important that you start this drill cold—that means no practice shots or dry fire. If you are faced with a life-threatening situation, you will not have a few minutes to warm up. This drill will show you just how prepared you are to use your handgun in the real world. Begin this drill with your handgun at a compressed low-ready position. Your firearm should be in the condition you would carry it in (that means engage manual safeties or de-cock hammers when applicable). When ready, acquire your target and fire six rounds as quickly as possible while keeping all your shots on paper. If you are carrying a handgun that holds fewer than six rounds, like a small revolver, then simply fire as many shots as possible. A good goal is to fire all of your shots within five seconds. A shot timer may be helpful but is not necessary, especially if you are on a budget.

Stage 2: Double Tap—2 Rounds, 8 Sets, 16 Rounds Total

This drill will help to train target acquisition and recoil control. Begin the drill in the same position as the first, at a low-ready with your firearm in its carry condition. When ready, acquire your target and fire two shots as quickly as possible, again maintaining accuracy. Then, return to your starting position or rest and reload as necessary. Repeat this drill for a total of 8 repetitions, firing 16 rounds. Strive to acquire your sights quickly at the beginning and work on controlling recoil for faster follow-up shots.

Stage 3: Reload—3 Rounds, 4 Sets, 12 Rounds Total

You will use two magazines for this drill. If you carry a revolver, then use whatever method you usually use to carry spare ammunition. The first magazine in your handgun will only have one round loaded. Your second magazine should have two rounds loaded, and should be stored wherever you will carry it (in a mag carrier, pocket, purse, etc.). You may begin this stage with your sights on target, as this drill is meant to focus on manipulation of the firearm and the reloading procedure. When ready, fire your one round and realize that your handgun is now empty. Load your spare magazine as quickly as possible while keeping the target in your line of sight and your handgun pointed in a safe direction, and fire two more rounds. Repeat this drill a total of four times, firing 12 shots altogether. I understand that carrying extra ammunition may not be practical or possible at all times. If you do not carry spare ammunition, then you may be better off replacing this drill.

Pistol Practice Continued

Stage 4: Slow Fire—10 Rounds Total

Slow fire is often overlooked in defensive handgun training. While it does not help you practice essential skills like target acquisition or speed, it is key to practicing the fundamentals of accurate pistol shooting. After all, these drills are intended for amateurs like you and I to use to practice. How can we expect to get any better if we don't go back to the fundamentals of sight alignment, breathing, and trigger press once in a while? That being said, the instructions for this stage are rather simple. Fire ten shots on target in your own time. Take ten seconds or ten minutes to complete this drill, you are just meant to focus on making the most accurate shots possible. This is a great opportunity to address any concerns you may have had with earlier drills like anticipating recoil or slapping the trigger. Practicing good marksmanship techniques in slow fire will make your other drills even better!

Stage 5: Bill Drill (or Modified Bill Drill)—6 Rounds

You only have six rounds left, so finish the course of fire with another Bill Drill! By ending where you began, it is possible to compare and track your improvements from the previous drills. Just like Stage 1, begin at a low-ready in carry condition. When you are ready, acquire the target and fire six accurate rounds in under five seconds. If you want to incorporate more of the skills you practiced, you can modify the Bill Drill to force a reload by dividing the six allotted rounds between two magazines. Of course, you may want to allow yourself more than five seconds for this drill if you do decide to reload part way through.



Now that you have completed the course of fire, you are hopefully feeling more confident in your ability with your defensive handgun. The key to maintaining this confidence is commitment—you should be running drills like this as often as possible! That is why I sat down and planned a course of fire that only uses one box of ammunition, so that I could practice often without breaking the bank. I would like to reiterate that this short article does not replace training from a professional. This is just how I like to practice, and how I went from really struggling to shoot a handgun to feeling confident and prepared with my everyday carry.

READING RECOMMENDATION: *Sir Gawain and the Green Knight*

This story provides one of the most poetic descriptions of medieval hunting practices. While the hunts are an add-on to the plot of this knightly adventure, there is a lot to be learned from this captivating tale. Plus, the story takes place around the festival of Yule, making it a great December read!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>DECEMBER 2024</u>						
1 TRAP: 9:00-	2 MONDAY PM WORKPARTY Indoor Range Closed 17:00-19:00	3 Range closures are 1/2-hour before to 1/2-hour after the event, unless noted	4 RIMFIRE Pistol League 17:00-20:00 Indoor Range Closed	5 BOD MEETING 19:00 -	6 <u>RENEW YOUR</u>	7 AIRGUN Match - Metallic Silhouettes Main Hall 10:00-13:00 TRAP: 13:00-
8 PEARL HARBOR DAY Trap Shoot 9:00-13:00 Centerfire PLATE SHOOT 09:00 - 14:00 OutdoorRange Closed Membership ORIENTATION 10:00-13:00 Indoor: AIRGUN ONLY	9 MONDAY PM WORKPARTY Indoor Range Closed 17:00-19:00 CPARG 2m Net 20:00	10 Newton Seniors' Holiday Luncheon Main Hall - Noon-2PM Indoor Range closed	11 RIMFIRE Pistol League 17:00-20:00 Indoor Range Closed DID YOU RENEW ????	12 Centerfire PIN SHOOT 19:00-21:00	13 TRAP: 13:00-	14 TRAP: 13:00-
15 TRAP: 9:00-	16 MONDAY PM WORKPARTY Indoor Range Closed 17:00-19:00 BoyScouts Banquet Main Hall - 5-9 PM Indoor Range closed	17	18 RIMFIRE Pistol League 17:00-20:00 Indoor Range Closed	19 ANNUAL MEETING 19:00— ELECTIONS- DINNER Indoor Range Closed RENEW NOW!	20 TRAP: 13:00-	21 AIRGUN Match - Metallic Silhouettes Main Hall: 10:00-13:00 TRAP: 13:00-
22 Rimfire PLATE SHOOT 09:00 - 13:00 OutdoorRange Closed TRAP: 9:00-	23 MONDAY PM WORKPARTY Indoor Range Closed 17:00-19:00	24	25 <i>Merry Christmas</i> <i>Happy Hanukkah</i> OUTDOOR RANGES CLOSED	26 Centerfire PIN SHOOT 19:00-21:00	27 TRAP: 13:00-	28 TRAP: 13:00-
29 TRAP: 9:00-	30 MONDAY PM WORKPARTY Indoor Range Closed 17:00-19:00 CPARG 18:30 - 21:00 Indoor range AIRGUN ONLY	31 <u>LAST DAY</u> TO RENEW				

2025

MEMBERSHIP RENEWAL

Country Pond Fish and Game Club, Inc.
 PO Box 124 82 Pond St Newton NH 03858 603-382-5681
<http://www.cpfgc.com/>



A National Rifle Association Affiliated Organization

- | | | |
|---|--|--|
| <input type="checkbox"/> Individual\$220 | <input type="checkbox"/> Discounted Individual.....\$176 | You must attach your approved Work Log to obtain the discounted rate.
Married Couple Members must complete a separate form for each person. |
| <input type="checkbox"/> Married Partner.....\$110 | <input type="checkbox"/> Discounted Married Partner\$88 | |
| <input type="checkbox"/> MilitaryN/C | <input type="checkbox"/> Senior..... N/C | <input type="checkbox"/> Life Member...N/C |
| | | <input type="checkbox"/> Honorary.....N/C |
| | | <input type="checkbox"/> Officer/Director.....N/C |
| <input type="checkbox"/> Change: Individual to Individual Life (under 40).....\$2,750 | | <input type="checkbox"/> Change: Individual to Individual Life (40+)\$2,200 |
| <input type="checkbox"/> Change: Married Partner to Partner Life (under 40).....\$1,380 | | <input type="checkbox"/> Change: Partner to Partner Life (40+)\$1,100 |

RENEWALS POSTMARKED AFTER 31 DECEMBER WILL NOT BE ACCEPTED

PLEASE TYPE OR PRINT LEGIBLY. APPLICATIONS THAT WE CAN'T READ WILL BE RETURNED UNPROCESSED.

MEMBER #: _____ NAME: _____

HOME ADDRESS: _____

MAILING ADDRESS (if different): _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ CELL PHONE: _____

DOB: _____ E-MAIL: _____

The Club communicates with its Members primarily via email. If your email address is entered incorrectly, you will receive NO messages or notices concerning Club issues.

Are you a member of the NRA? NO YES MEMBERSHIP # _____

NRA Certified Instructor? NO PISTOL RIFLE SHOTGUN (other) _____

THIS IS A TWO-SIDED FORM. IT MUST BE SIGNED AND DATED ON THE OTHER SIDE.

FOR CREDIT CARD PAYMENTS: VISA MasterCard

Card Number: |_|_|_|_|-|_|_|_|_|-|_|_|_|_|-|_|_|_|_| Expiration Date: _____

Name as it appears on card: _____ 3-Digit Security Code: _____

(All Credit Card information will be removed and shredded after payment is processed.)

As a Club Member, participant, official, volunteer, or spectator at Country Pond Fish & Game Club, I acknowledge that I am fully aware of the risks involved in any activity at the Club in which I may choose to participate. I hereby agree to assume all risks involved in participating or watching others participate. I do hereby indemnify and hold harmless the Club, its Officers, Directors, members, and all individuals participating or working in these, or any other activities taking place in or around the Club and Club grounds, against and from any and all claims, actions, suits, procedures, costs, expenses, damages, and all other liabilities, of whatever nature, arising out of, in any way connected with, or resulting from these activities, including without limitation the manufacture, selection, delivery, possession, use, and operation of any equipment, and any conditions of the natural environment.

I agree to participate in these activities in accordance with whatever rules, instructions, and regulations presented to me.

I understand that still, audio/video, and/or motion picture photography may occur during my presence on Club property and, as long as I am in the general area, I may be incidentally included in such photography. Should I wish to be excluded from such photography, I understand that it is my responsibility to be aware of photographic activity and remove myself from the area or event being photographed or recorded. Absent such action on my part, I hereby grant the Club, its agents, volunteers, sponsors, beneficiaries, heirs, and assigns the right to use my photographic and video image(s) in the promotion of the shooting sports or the Club in general as it chooses in its sole discretion without compensation.

I hereby agree that jurisdiction for any action pertaining to this release shall lie exclusively in Rockingham County, in the State of New Hampshire, and shall be governed exclusively by the laws of the State of New Hampshire, without reference to conflict of laws' provisions. If any portion of this release is found to be invalid, the offending portion shall be stricken and the remainder shall remain in full force and effect.

I hereby certify that I am not prohibited from possessing, selling, owning, or transferring firearms under state or federal law: I (A) have not been convicted of a felony that has not been annulled or expunged; or (B) have not been convicted of a violation of 18 USC § 922 that has not been annulled or expunged; and (C) am not a member of an organization that advocates the violent overthrow of the United States Government, and that I am not barred by any law from the possession, use, or control of firearms.

I further affirm that I have read and understand the CPF&G Club Constitution, current Club Bylaws, and all Rules.

(signed) _____

(date) _____

Make checks payable to: **Country Pond Fish & Game Club**
and mail to: **Country Pond Fish & Game Club PO Box 124 Newton, NH 03858 Att: Membership**

RENEWALS POSTMARKED AFTER 31 DECEMBER WILL NOT BE ACCEPTED

After 31 December, a "New Membership Application" will be required and New Members will be required to follow the sponsorship process. New Memberships will be assessed an orientation Fee.

For questions or more information: **shootinlady655@aol.com**